BOAP IS STRONGLY ALKALINE Channe the scale by shampoons "Le Greote" Hair Dressing, when, in the natural way, those that hairs. Price, \$1.00.—Adv.

hand lost his temper yester-

Well, from the way my husband acted this morning I think it's very likely he found it. I wish you'd said over and get it. We don't need it."

Not a Matter of Gossia. "Ah!" I have often heard of you, Mr. "An!" I have often heard of you, Mr.
Hoom," survely said the representatve of an eastern publishing house
who called on only the few persons in
such neighborhood who were of sufcient intelligence to appreciate the
aluable literary works which he was ing. "Uh-huh!" returned the dour and savage citisen. "Never heard of my being civil to a book agent, did you?"—Kansas City Star.

An Italian translation of Dr. E. E. Hale's famous story, "The Man With-cet a Country," has been circulated in Italy in a cheap pamphlet edition for the purpose of arousing patriotic feeling. A writer in the Christian Register, noting this fact, tells us that he ones asked Doctor Hale if he really felt his great patriotic story as deeply as he made his readers feel it, and that he received a most emphatic affirma-

Matter of Speech. As a rule the native of a country will naturally speak his own language etter than a foreigner of equal stand ing. Of course, very few of us speak our own language perfectly, but still fewer speak perfectly any language besides their own. It is true that our characteristically careless habits of ested foreigner more careful than that of the average American, if not more

Nearest Fixed Star. Alpha Centauri is the sun nearest o the earth of all the fixed stars. he of the most magnificent of the first magnitude stars even to the eye, the telescope reveals it all ddenly as two great masses of solar re, the flames, red, yellow and blue, own upward and outward to the ght by the winds of the universe. great pair of rainbow flames appear to stand out like tangible objects in the depths of infinitely reote space many times larger than he naked eye stars. One of the two revolves about the other in a period of 30 years. It is one of the most and awful visions and the adous and awful visions and the absolutely beautiful that eyes ever seen.

Dew Ponds. The name "dew pond" is given to certain isolated ponds on the upper els of the chalk downs of the south and and elsewhere. Their seems to imply that they depend on dew and not entirely upon rain for their maintenance as a source of water supply for cattle, for which they are used. The question has been discussed a good deal, but not settled; balance of evidence seems to be make any important contribution to the supply of water. The construction of dew ponds is, however, still prac-ticed on traditional lines, but it is said that a new dew pond has first to be filled artificially. A dew pond does not come into existence by the gradu-al accumulation of water in an imbasin, from the settlement evaporated water from the atmos

Walted for Orden negro to the top of the mast on one of his drills to straighten out a rope which had slipped off the sheave. Just after the man went up the general eman came along and talked about the job for half an hour. In the meantime the man on top of the drill was orgotten and after the general forenan left he was discovered still roost ing on top of the mast. The fore-

an called to him: "Aren't you through up there, yet?" "Oh, yes, sir, boss." "Well, why don't you come down.

"You don't tell me to, sir."

A good cook should be at the head of every provisional government.

A fat "colored mammy" of the "old school" was hauled into court for throwing her washing board at her neighbor's husband, a "Georgia Cracker" of the "poor white trash" va-

washboard?" Judge Broyles asked. "I spec' I did, yo' honah."

"What was the provocation?" "We was discussin wah, jedge." Well-go on."

"We wus talkin' bout dem Gernings, an' John Bulls and dem nutral, yo honah. I ain't gwine ter let no low-down white trash call me dat." -Case and Comment

Fitting Reception. take to your candy-making lectures?" "Oh, they just eat 'em up."

The Kind You Have Always Bought.

THIS is the caution applied to the public announcement of Castoria that has been manufactured under the supervision of Chas. H. Fletcher for over 80 years—the genuine Castoria. We respectfully call the attention of fathers and mothers when purchasing Castoria to see that the wrapper bears his signature in black. When the wrapper is removed the same signature appears on both sides of the bottle in red. Parents who have used Castoria for their little ones in the past years need no warning against counterfeits and imitations, but our present duty is to call the attention of the younger generation to the great danger of introducing into their families spurious medicines. It is to be regretted that there are people who are now engaged in the mefarious business of putting up and selling all sorts of substitutes, or what should more properly be termed counterfeits, for medicinal preparations not only for adults, but worse yet, for children's medicines. It therefore devoives on the mother's extentionize closely what she gives her child, Adults can do that for themselves, but the child has to rely on the mother's watchfulness.

Genuine Castoria always bears the signature of the mother's watchfulness.

Genzine Casteria always bears the signature of Chart Hitches

Quite True. "Do you know that girls often think ore of a dog than they do of a man before they are married?" "Yes, and I've noticed that they of

ten do afterward." MITATION IS SINCEREST PLATTERY but like counterfeit money the imitahas not the worth of the original, Insist on "La Creole" Hair Dress

it's the original. Darkens your hair in the natural way, but contains no dye.

The Next Step.

Be the noblest man that your pres ent faith, poor and weak and imperfect as it is, can make you be. Live up to your present growth, your present faith. So, and so only, do you take the next straight step forward, as you stand strong where you are now; so only can you think the curtain will be drawn back and there will be revealed to you what lies bevond.-Phillips Brooks.

Strike Proper Balance. Sex, religion and insanity are near ly associated. There is nothing that should be so well balanced as the religious belief of everyone. Sometimes but the most rampant of neurasthenic hallucinations. The religious zealot

City Star.

"Alas, I have never been kissed." "That shows lack of enterprise on

"Why don't you meet him occasionally in the dark hall?"-Louisville

Courier-Journal. And lots of people who think they have nothing but trouble don't know

what trouble really is. More than 400 thunderstorms occur

Surgeon General Rupert Blue

of the U.S. Public Health

Service Says:

"I WANT TO WARN YOU AGAINST THE CRAZE PEOPLE

IN THIS COUNTRY HAVE FOR WHITE FLOUR. THE

WHITEST FLOUR IS NOT THE BEST; IT IS NOT THE

PUREST: IT IS ONLY THE DEAREST, AND WHEN YOU

BUY IT YOU BUY LOOKS AND NOT NOURISHMENT. IN

ORDER TO MAKE IT WHITE, SOME OF THE MOST NOUR-

ISHING AND ESSENTIAL COMPONENTS OF THE NATURAL

These "nourishing and essential components" are the priceless mineral phosphates of the grain, known as the "tissue salts," indispensable for perfect health of body, brain and nerves.

of ills is following the permicious practise of casting out these elements in the milling process, and that, simply to make the flour look white and pretty. Neurasthenia, anemia, Bright's disease, constipation, rickets, and a lowered resistance against disease in general, are some of these ills.

Grape-Nuts

made of whole wheat and barley, retains all the nutriment of the grains and those "essential components"—the mineral elements. This splendid food was devised years ago to supply this very lack in ordinary food and fortify the system against the onslaughts of disease. It does it wonderfully well.

Grape-Nuts comes ready to eat, convenient, economical and nourishing, and has become a household word in thousands of homes for its sterling food values and delicious flavor

"There's a Reason" for Grape-Nuts

More and more thinking people are waking up to this evil. There's a way out.

Everywhere food scientists and physicians are sounding a like note of warning, for a host

WHEAT HAVE BEEN TAKEN AWAY."

every year in Abyssinia.

The Spiritual Life. "Spiritual music can only come from discords set in unison," said Carlyle. It would be worth the time and space of a whole sermon to dilate upon that wonderful truth. Good comes not from an easy, languishing life, where virtue meets no opposition and where courage encounters no deflance. All discords are created by divine love to make spiritual music out of. Those who do not meet with such discords will not hear such mu-

sic. Such experience is left for sacrifice to turn into harmony. Do you meet a friend who may seem to turn against you, don't leave him till the harmony is restored, not by appeal or instruction, but by the union of your own life. This may seem sentiment, but remember the spiritual life is as harsh and exacting as the material life. These are days that need so much of this fine philosophy, not

Like Old Friends

ual music.-Ohio State Journal.

to say religion, that there is a sweep-

ing tendency toward the dalliance of

and therefore never hear any spirit-

At a dinner-and-theater party recently given in Washington a beautiexperiences in religion are nothing ful debutante was frightened beyond measure because Senator Blank had been selected for her escort. The poor is almost always a neurasthenic, and girl was almost in tears from nervousit only takes time to prove it. There ness. "But, mother," she protested, 'whatever can I talk to him about?' who have lost religion and, of course, The mother smiled. "You'll like him, happiness, and those who have re- dear; every one does." It was late ligious fanaticism. Strike the bal- that night when the debutante came ance and you have health.-Kansas running into her mother's boudoir, a happy flush on her young cheek. "I've had a perfectly dandy time," she announced, "and I think the senator's fine. He isn't at all what I expected him to be. Why, we hadn't gone two blocks before we were talking about your part. Your sister has a flance. fleas in Italian hotels!"-Everybody's.

> "Do you ever expect to be married?" "Well, that depends. If I can find girl with a million or two who doesn't want to be married for herself

> If you are going to be anything, be a professional. No amateur attracts

-sold by Grocers everywhere.

FALL PLOWING IN ORCHARDS IS FAVORED



Heavily-Loaded Apple Tree on Whitehall Farm, Owned by George Smith, Located Near Scottsville, Va.

If an apple orchard is in sod, espe- | courage no one from plowing, as the cially if the sod is an old or stiff one, it should be plowed in the fall. Ordinarily, fall plowing is good practice in most orchards, but in cases where the soil is very loose and liable to wash and expose the roots to freezing. or where it is very heavy and apt to puddle when exposed to the weather, or in very cold climates where the snowfall is light, it is best to plow in spring. By turning under the grass, rubbish, etc., in the fall the process of decay and incorporation with the soil is hastened. A soil often becomes deadened or lifeless from long inertia. and when exposed to the action of moisture and frost its physical condition will be improved. A disk harrow may often be successfully used for the first breaking up of this sod prepara-

tory to plowing.
It is never advisable to plow deeply in old orchards. Plowing should be only deep enough to turn under grass and other litter and cover it with soil This depth will be from 3 to 5 inches. being a good average and about right. It is always impossible to plow any old orchard which has long been down in sod without breaking a great many of the roots, which, of course, will be close to the surface, but it is desirable to break as few of these roots as possible; hence the necessity for shallow plowing. However, the danger of breaking roots should dis-

benefits derived under such conditions are many times greater than the dam

After fall plowing a stiff sod, the best tool to use in the early spring to loosen up the surface soil and to work in any manure which may have been applied during the winter is the disk harrow. In very loose and open, deep soils the spring-tooth harrow will answer for this purpose, though not as well as the disk, which is the most effective implement, especially where there is a very stiff sod to be broken up or much coarse litter is on the surface. Still it will do very satisfactory work and on stony land is better than the disk harrow. The orchard should be gone over several times with one of these tools during the first month in which it is possible to get on the land, the sooner after growth starts the better.

After the soil has been worked into fine mechanical condition, subsequent cultivation will be done largely in order to maintain a surface mulch to prevent the loss of moisture by evaporation and incidentally to kill and keep down weeds. For the pur pose the spring-tooth harrow should be set more shallow or, better still, the spike-tooth harrow should be used. The orchard should be gone over once hard rains which form a crust.

MARKETING OF FARM AND FRUIT PRODUCT

and Attractive-Carelessness Results in Loss.

(By E. P. SANDSTEN, Colorado Experiment Station.) farm and fruit product, it is by no means the only factor in selling at the highest price.

First of all, the package used should be new and clean. The neater the package, the better the fruit will appear. While the products packed should be of uniform size and color throughout the package, the top layer should be arranged so as to attract the eye of the buyer. Further, the package should in every instance be well filled. The buyer is very quick to notice shortness in measure, or any deficiency in a well-topped or rounded finish. In small fruit, such as the strawberry, particular attention should be given to have every berry in perfect condition, with the calyx or hull attached. The individual fruits should not be arranged in layers in the box, nor should the top be arranged to show a uniform red color, but rather, the calvx should show in with the red. For the best effect, and for particular markets where the grower has steady customers, the berries should be graded into two sizes. This is to give uniformity to the fruit, and will make

the package more attractive. It is a well-known fact that the at tractiveness of a package of fruit sells it. The customers are attracted through the eye, and everything that aids in making the package attractive will increase the value of the fruit and

It does not pay to pack inferior fruit with good fruits, for it invariably works against the reputation of the grower. Too little attention to uniformity in pack and grading will often result in a loss to the grower.

ease in selling

BORERS SHOULD BE

Carefully Examine Peach and Plum Trees for Insects—Dig Them Out and Kill Them

Peach and plum trees should be carefully examined for any indications

Be certain to look for both kinds, the one boring into the trunks and working under the bark just at the collar of the tree at the surface of the ground and underground, also those which work into the wood at the

crotches of the trees higher up. They should all be dug out and de-

Neat Package Attracts. A neat butter package will attract a customer at once.

Time to Prune Trees. The pruning of trees may be per formed during any month in the year; authorities, however, generally agree that late winter or early spring, before the buds swell, is the best time. One the fruit is borne on wood of the pre- after he has eaten his hay. vious season's growth, and hence a vigorous annual growth should be provided for this purpose, which is readily accomplished by an annual shortening in process, the cutting back of fields, that they are getting all the grit

in ten days or two weeks or after

ROLL THE MEADOWS

Packages Should Be New, Clean Work Should Be Performed When Sod Is Moist-Pick Off All the Large Stones.

AND CLOVER FIELDS

Meadows and grass and clover fields While quality is an essential re- are greatly benefited by being rolled direment in the marketing of any Use a heavy two-horse roller. The is moist but not so wet as to cause the ground to cake when it dries out. The large stones should be picked off at the same time-rolling presses the grass and clover roots back into the ground, giving them a firmer hold on the ground. The rolling gives a level surface for the mower. Grain fields are much improved by rolling. Winter grain, if harmed by frost, is much benefited by rolling. If the wheat leaves are small and yellow, 250 pounds of some good fertilizer sown to the acre early in the morning when the ground is slightly frozen, will be a great help. When the frost comes out of the ground, the fertiliser will fall into the soft earth and be washed into the ground by the first spring

> Fine manure from the cattle pen may be used for the same purpose One cartload of fine manure will cover one acre when evenly sown by hand. Pasture lands should be given s dressing of raw bone meal, sown 400 pounds to the acre. One acre of wellet grass, given a dressing of bone, will produce more and richer grass than two acres of grass in the same field which lacked the bone.

"RINGING" OF TREES NOT RECOMMENDED

Operation Considered Exceedingly Hazardous-Gains Do Not Offset the Losses.

In regard to the advice sometimes given in regard to "ringing" fruit trees to induce fruitfulness, the New York DESTROYED AT ONCE experiment station says: The results obtained from our experiments are not favorable to ringing fruit trees as a general practice.

Under some conditions, for a limited time, a more favorable outcome might be expected. Hardy, vigorous, young apple trees may readily undergo a single ringing and be benefited thereby, but subsequent operations are injurious. Trees lacking vigor are often seriously injured by the practice.

The deleterious effects of the treat ment have generally been so marked as to render the operation exceedingly hazardous. There seems to be no regular or systematic increase in fruit production. The gains do not offset the

Raise Heifer Calves, Every up-to-date dairyman will raise his helfer calves. These calves should be stred by a purebred butter bull.

Water your horses as often as pos-

elble. So long as a horse is working water in small quantities will not hurt him. But let him drink only a few swallows if he is going to stand still. point to remember in pruning is that Do not fail to water him at night

Furnish Supply of Grit. cause your poultry have the run of the a quarter or a third of the growth of they need. See that the supply is each year.

The hotel was not a very good one, nd the traveling men knew it. Nev ertheless they were obliged to go there when they came late at night to the L~'e town. In the middle of the night off of them was dimly conscious that something was wrong. Suddenly he realised that the troble came from a leaking gas jet.

"Wake up, Bill!" he shouted, shaking his friend violently. "The gas is

"Well," growled Bill, "can you blame it?"-Ladies' Home Journal.

CUTICURA SOAP BATHS

ollowed by a Little Ointment for Baby's Tender Skin. Trial Free.

They afford infants and children great comfort, permit rest and sleep and point to speedy healment of ecsemas, rashes, itchings, chafings and other sleep destroying skin troubles. Nothing better at any price for the nursery and toilet.

Sample each free by mail with Book. Address postcard, Cuticura, Dept. XY, Boston. Sold everywhere.—Adv.

Simply Showing Him. "James, what are you doing to Wil ie?" asked the schoolteacher. "He wanted to know if you take ten So I took ten of his marbles to show

him, then?" "Coz he'd forget how many is left."

him and now he wants them back.

"Well, why don't you give them to

To Drive Out Malaria And Build Up The System
Take the Old Standard GROVE'S TASTELESS chill TONIC. You know what you are taking, as the formus printed on every label, showing Quinine and Iron in a tasteless form. Quinine drives out malaria, the ilds up the system. 30 cents.

A Giveaway. "You seem to have a deep-rooted

version to wrist watches." "You bet I have. Just suppose they should become so fashionable that we had to wear 'em. Every time a fellow pawned his watch the whole town would know it."

COVETED BY ALL but possessed by few—a beautiful head of hair. If yours is streaked with gray, or is harsh and stiff, you can restore it to its former beauty and luster by using "La Creole" Hair Dressing. Price \$1.00.—Adv.

In the last hundred years Great Britain has had a dozen different types of



"Of course, he hasn't any me but Charlie says love will make a

"Yes, I noticed it will," said the father. "Thus it's made away with about twenty-eight dollars' worth of electricity."

Those Dear Girls. Hazel-Harold tells me all

knows. Almee-Indeed! Isn't the miles dreadfully oppressive at times?

Homen

Is it possible there is a woman in this country who continues to suffer without giving Lydin E. Pinkham's Vege-table Compound a trial after all the evidence that is continually being published, which proves beyond contradiction that this grand old medicine has relieved more suffering among women than any other one medicine in the world?

We have published in the newspapers of the United States more genuine testimonial letters than have ever been published in the interest of any other medicine fc womenand every year we publish many new testimonials, all genume and true. Here are three never before published:

From Mrs. S. T. Richmond, Providence, R. L.

PROVIDENCE, R. L.—"For the benefit of women who suffer as I have fone I wish to state what Lydis E. Pinkham's Vegetable Compound has done for me. I did some heavy lifting and the doctor said it caused a displacement. I have always been weak and I overworked after my baby was born and inflammation set in, then nervous protration, from which I did not recover until I had taken Lydis E. Pinkham's Vegetable Compound. The Compound is my best friend and when I hear of a woman with troubles like mine I try to induce her to take your medicine."—Mrs. S. T. RECEMBER, S. Frogress Avenue, Providence, R.L.

From Mrs. Maria Irwin, Peru, N.Y. Prev, N.Y.—"Before I took Lydia E. Pinkham's Veretable Com-cound I was very irregular and had much pain. I had lost three children, and felt worn out all the time. This splendid medicine helped me as nothing else had done, and I am thankful every day that I took it."—Mrs. Maria Izwin, R.F.D. I, Peru, N.Y.

From Mrs. Jane D. Duncan, W. Quincy, Mass. BOUTH QUINCY, Mass.—"The doctor said that I had organic to and he doctored me for a long time and I did not get any relies as Lydia E. Pinkham's Vegetable Compound advertised and I tried it and found relief before I had finished the first bottle. I continued taking it all through middle life and am now a strong, healthy woman and earn my own living."—Mrs. Jane D. Duncan, Forest Avenue, West Quincy, Mass.

Write to LYDIA E. PINKMAN MEDICINE CO. (CONFIDENTIAL) LYDIA, RAMS, formation.

Tour letting will be opened, read and answered by a woman and held in strict confidence.

